



Intimate Care Policy

In situations where intimate care is required, the child's safety, dignity and privacy are of paramount importance. Prior to the attendance of the child to the setting an individual care plan would be devised with staff and parents to ensure the needs of the child could be met. Children requiring intimate care will be treated respectfully at all times.

'Intimate care' covers any task that involves the washing, touching or carrying out of a procedure to intimate personal areas and is associated with bodily functions and personal hygiene, including, toileting, washing, dressing, and menstrual care. Staff at Dynamic Ducks who provide intimate care will do so in a professional manner. Staff are aware of safeguarding issues and will have relevant training (eg: Health and Safety, Child Protection, Manual Handling) before providing intimate care. No child should suffer distress or pain as a result of receiving intimate care.

Staff will work in partnership with parents/carers to provide care appropriate to the needs of the individual child and together will produce a Care Plan. The Care Plan will set out:

- What care is required
- Number of staff needed to carry out the task (if more than one person is required, reasons will be documented)
- Additional equipment required
- Child's preferred means of communication (e.g. verbal, visual)
- Child's level of ability - what tasks they are able to carry out by themselves

Best practice

When intimate care is given, the member of staff will explain fully each task that is carried out, and the reasons for it. Staff will encourage children to do as much for themselves as they can. If a child requires intimate care on a regular basis, it is a good idea for two members of staff to share the care between them. In this way the child should not become overly dependent on a single member of staff, and is less likely to become distressed if their usual carer is occasionally unavailable. However, parents' views on the number of staff providing personal care to their child must also be taken into consideration - some children may simply be unable to cope with more than one carer.

We have policies in place that promote Safe Recruitment, as well as having sound Staff Supervision, Safeguarding and Intimate Care procedures; together these ensure that should a child need consistent care from one member of staff, the child's safety and well-being will not be compromised. If a child makes an allegation against a member of staff, the procedure set out in the **Safeguarding Policy** will be followed.

Protecting children

Staff are familiar with the Local Safeguarding Children Board booklet *Recognising The Signs Of Child Abuse* and the *What To Do If You're Worried A Child Is Being Abused*. Dynamic Ducks's procedures reflect the guidance in the Government guide *Working Together to Safeguard Children* (2018).

If a member of staff is concerned about any physical changes to a child, such as marks, bruises, soreness etc, they will inform the Management Team or Designated Safeguarding Lead (DSL) immediately. The **Safeguarding Policy** will then be implemented. Should a child

become unhappy about being cared for by a particular member of staff, the Management Team will look into the situation and record any findings. These will be discussed with the child's parents/carers in order to resolve the problem. If necessary the Management Team will seek advice from outside agencies.

INTIMATE CARE POLICY

Dealing with blood and body fluids

Blood, vomit, urine and faeces will be cleaned up immediately and disposed of safely by double bagging the waste and removing it from the premises. When dealing with body fluids, staff will wear personal protective clothing (disposable plastic gloves and aprons) and will wash themselves thoroughly afterwards. Soiled children's clothing will be bagged to go home - staff will not rinse it. Children will be kept away from the affected area until the incident has been dealt with fully.

Staff at Dynamic Ducks will maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection.

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| This policy was adopted by: Dynamic Ducks Ltd | Date: March 2020 |
| To be reviewed: March 2021 | Signed: E Duck |

Written in accordance with the Statutory Framework for the Early Years Foundation Stage (2017)